

Seniors anxious about future

by **BERNICE TRICK**
Citizen staff

Many local seniors are concerned and unsure about the future, the president of the Prince George Council of Seniors told a conference on aging Wednesday.

Bev Christensen said her office receives calls from seniors about a wide range of issues including: unaffordable increases in rent; a shortage of accommodations for aging parents; long-time married couples being separated by illness; not being able to eat properly because they can't afford dentures; caring for grandchildren without adequate support; as well as routine concerns such as mowing lawns, fixing taps and cleaning eavestroughs.

"Many of these people are confused and worried about the future. Their feeling is they are supposed to make do and don't complain," said Christensen, a keynote speaker at the Aging Well in Northern, Rural and Remote Communities conference, which continues today in Prince George.

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Citizen photo by David Mah

B.C. Lt.-Gov. Steven Point greets Headstart cultural teacher Leona Nellson at the Aging Well in Northern, Rural, and Remote Communities conference at the Civic Centre Wednesday.

Lt.-Gov. talks to elders

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Having grown up in a culture that reveres its elders, the B.C. lieutenant governor proved to be a thought provoking speaker at the Aging Well in Northern, Rural and Remote Communities conference Wednesday.

Lt.-Gov. Steven Point grew up as a member of the Coast Salish Nation, which occupied the coastal areas from the Strait of Georgia to Campbell River on Vancouver Island.

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